SELF-DIRECTED LEARNING

SELF-DIRECTED LEARNING is a process where YOU take the initiative to learn.

Dedicated to teaching quality writing from junior high through college and beyond.

Amy Haskell, M.A., M.Ed, Founder of Total Writing Enrichment, is a former CHMS parent who spent 15 years teaching high school English at the northern suburbs of Chicago, at a school called New Trier High School, nationally ranked in the top 20 public high schools in the country. New Trier High School students aimed for colleges like Stanford, Duke, U of Chicago, Dartmouth and other elite universities. Now in Charlotte, Amy is excited to begin helping our students with understanding challenging literature and with their writing. Please click on either of the links above to learn more about Total Writing Enrichment and to contact her.

Writing Skills Tutoring, Individual Essay Editing, Writing Analysis, Guided Learning Curriculum, Study Skills Junior High & High School, ACT/SAT, College Admissions Essay, College Paper Editing

Learn a little history! See the beginning to how Community House Middle School got its name!! Click Pic or Here!!
# RECENT WEB SITES AND ARTICLES TO READ


**Why American men may have less luck finding a job than women**

**Children as young as 13 being treated for addiction to mobile phones**

**the-addiction-thats-worse-than-alcohol-or-drug-abuse**

**It costs $233,610 to raise a child**

**MOVING ON - My farewell column - Thomas Sowell looks back at quarter century of writing syndicated commentary**

**Study: 2 Hours of Social Media Doubles Risk of Social Isolation Feelings in Young Adults**
Middle school: The new high school for moms

Awkward! The tough transition to middle school

Teens: This is how social media affects your brain

We get by with a little health help from our friends

New Research Links Cell Phones To Health Issues In Children

Just One Hour a Day on Social Media Makes Teens Miserable

Kids Connecting on Social Media Are Less Satisfied With Real Life

Women Make Up Majority of U.S. Law Students for First Time

U.S. goalkeeper Tim Howard's "Note to Self"

Smart people need more time alone, according to this study https://www.indy100.com/article/study-finds-intelligent-people-need-more-time-alone-to-be-happy-7423191

Nobody has real friends anymore

Facebook friends are almost entirely fake, study finds


**Multitasking is actually kind of a problem — for kids and adults**

Is your phone damaging YOUR hearing?

Why smart kids shouldn't use laptops in class

Have our kids gotten soft? Five ways to teach them grit

---

**No Meds Needed: Study Finds Doing This Eases Anxiety**

Mindfulness meditation lowers stress hormone and decreases inflammation in body, scientists find

**Why You Will Marry the Wrong Person**

Neuroscience Says Listening to This Song Reduces
Anxiety by Up to 65 Percent

Oh no! U.S. kids among least fit in the world

Why we should sit less

Inactivity 'twice as deadly' as obesity

Lack of exercise may be twice as deadly as obesity

Move to a leafy suburb to cut cancer risk

High-sugar diet is as 'damaging to your brain as extreme stress or ABUSE'

It is now widely accepted that more must be done to encourage people to reduce their sugar intake.

Exercise triggers brain cell growth and improves memory, scientists prove

More Proof That Aerobic Exercise Can Make Your Brain Bigger

Health curse of the middle aged: 80% are now 'overweight, lazy or drink too much' as they worry about their children, ageing parents or work
More young people contracting 'old-age' conditions including varicose veins due to sedentary lifestyles

How Much Exercise Does It Take to Boost Your Brain Power?

How workouts give your brain a boost

Inside the Brain of 93-Year-Old Athlete Olga Kotelko

EMOTIONAL WELLNESS

Why Some Kids Try Harder and Some Kids Give Up

The Effort Effect According to a Stanford psychologist, you'll reach new heights if you learn to embrace the occasional tumble.

7 Habits of People With Remarkable Mental Toughness

Kahlil Gibran - The Prophet Poetry

Teaching kids to be triple threats: athletes, students and leaders

Believe it or not, there are challenges to growing up wealthy

Nearly 46 Million People Trapped in Modern Slavery, Report Finds

Hell of South Korean dog meat farms exposed
- as caged, starved and frightened dogs await death

WARNING: UPSETTING CONTENT. Winter Olympics host nation South Korea urged to outlaw the sickening, cruel industry, as we look behind the scenes of the slaughter

Raised for meat in South Korea, dogs head for new homes in U.S.

TALK IT OUT NC

For tweens, alcohol is already a fact of life.

Dealing with an issue this big doesn't happen all at once. It happens one conversation at a time. Let's get started. Together, We Are The Solution.

READ and LEARN

Upworthy
Upworthy: Awesome, fun, interesting videos and graphics about stuff that matters.

Open File for an 18 page list of things you can use the internet to access.

ECD_Interest_Resources_1.docx

- Details
- Download
- 50 KB

If you have any ideas or things to add to this, please let me know!!

LEARN Photography Tips & Tutorials...........................

Welcome to Digital Photography School – a website with simple tips to help digital camera owners get the most out of their cameras.

LEARN ABOUT HEALTH.................................
LEARN A LANGUAGE..............................

Learn a language for free. Forever.

LEARN SCIENCE..............................

The National Science Foundation (NSF) is an independent federal agency created by Congress in 1950 "to promote the progress of science; to advance the national health, prosperity, and welfare; to secure the national defense..."

LEARN FROM 100s OF COOL WEBSITES......................

Exploratorium Ten Cool Sites is a collection of cool, interactive sites from the Web, hand-picked by the Exploratorium. Browse the archive by category:

- Arts
- Astronomy
- Biology
- Chemistry
- Earth Science
- Environmental Science
- General Science
- History
- Invention
- K-12 Resources
- Kids Stuff
- Life Sciences
- Literature & Drama
- Mathematics
- Media
- Medicine / Medical Research
- Museums
- Natural History
- Photography
- Physics
- Psychology
- Science Careers
- Science Literacy
- Weather
LEARN EVERYTHING WITH KHAN

- click it!

MATH

- || || ||
- || || ||
- || || ||
- || || ||
- || || ||
- || || ||

SCIENCE

- || || ||
- || ||

ECONOMICS AND FINANCE

- || ||
- ||
Innerbody.com

Explore the human body like never before! With hundreds of interactive anatomy pictures and descriptions of thousands of objects in the body, InnerBody.com will help you discover what you want to know about human anatomy, right here at your fingertips.
1) Hands On Banking

Click Here For Hands on Banking - TEENS

Hands on banking - http://www.handsonbanking.org

Hands on Banking - Glossary.docx

- Details
- Download
  - 31 KB

Watch the Hands on Banking video. If you see interesting topics, feel free to explore them on your own using the internet.

Hands on Banking - Contents.pptx

- Details
- Download
  - 550 KB
Introduction
You and Your Money
Section 1: Money and Banking
Section 2: Value
Section 3: Earning Power
Budgeting
Section 1: Understanding and Creating Budgets
Section 2: Using a Budget
Savings and Checking Guide
Section 1: Savings Accounts
Section 2: Checking Accounts
Section 3: Balancing a Bank Account
Credit and You
Section 1: Credit and Credit Cards
Section 2: Loans
Smart Investing
Section 1: Introduction to Investing
Section 2: Capital Gains and Losses
Assessment

LEARN MORE FINANCE AND BANKING.................

2) Better Money Habits
   (powered by Bank of America)

3) stock market game

4) Wells Fargo - Free financial education resources for all ages
5) DIFS - Online Learning Tools & Games (Youth, Teens, and Adults)
6) MyMoney.Gov
7) Practical Money Skills (Banking and Finance) [http://www.practicalmoneyskills.com/]
8) Virtual Reality (Life Skills Activities/Budgeting and Inventory)

Moneyville

LEARN ABOUT JOBS....................

1) Fox Business - The Power to Prosper
Learn job and career advice.

2) US Department of Labor - Occupational Outlook Handbook
Explore your current interest areas on the BLS site using the Jobs profiles.
FYI - Each Job Profile includes the following Tabs - Summary Page, What They Do, Work Environment, How to Become One, Pay, Job Outlook, Similar Occupations, and Contacts for More Information. Be sure you understand the purpose of each of these tabs.

3) Image result for ACT career

Explore Your Career Options

- Career planning tips
- About the World-of-Work Map
- Apprenticeship information
- Choosing your college major

Explore Your Career Options
Choosing a career is a big decision.

But you don't have to sweat it—planning for your future is not something you do once. It's a continuous process.

Explore the World-of-Work Map

One way to start is by exploring your career options in the "World of Work."

The World-of-Work Map graphically shows how occupations relate to each other based on work tasks.

World-of-Work Map

View the World-of-Work

NEW STUFF:

http://www.nc-net.info/NC_career_clusters_guide.php


http://www.ncmcs.org/page/187

HOW TO STUDY: (HOW TO IMPROVE AS A STUDENT)

http://www.studytips.org/
http://www.academictips.org/

WHY READING IS IMPORTANT....????
Learn College Rankings &
Information............... 

1) Learn about PLANNING for college.

2) Learn about different college majors

3) The Princeton Review offers test preparation for standardized tests, College and College Admission Information.

4) College Scorecards make it easier for you to search for a college that is a good fit for you. You can use the College Scorecard to find out more about a college’s affordability and value so you can make more informed decisions about which college to attend.

5) Here you will find information about tuition and net prices at postsecondary institutions. The site highlights institutions with high and low tuition and fees as well as high and low net prices (the price of
attendance minus grant and scholarship aid). It also shows institutions where tuition and fees and net prices are increasing at the highest rates.

ED.gov Blog

6) The purpose of these pages is to facilitate an ongoing dialogue on education issues.

Image result for youvisit

7) Browse thousands of YouVisit’s partner colleges and universities that already use campus virtual tours and virtual reality to attract and engage prospective students from around the world.

http://colleges.usnews.rankingsandreviews.com/best-colleges

http://www.collegeportraits.org/

https://bigfuture.collegeboard.org/

http://www.actstudent.org/college/

CNN Article - Relax! Where you go to college
doesn't seal your fate

The 10 Most Important Factors in College Admissions

Peterson's

4) Discrimination - U.S. Equal Employment Opportunity Commission (EEOC)

Discrimination - The U.S. Equal Employment Opportunity Commission (EEOC) is responsible for enforcing federal laws that make it illegal to discriminate against a job applicant or an employee because of the person's race, color, religion, sex (including pregnancy), national origin, age (40 or older), disability or genetic information. It is also illegal to discriminate against a person because the person complained about discrimination, filed a
charge of discrimination, or participated in an employment discrimination investigation or lawsuit.

5) GLOBALIZATION FACTS - DIFFERENT COUNTRY RANKINGS

CIA world fact book.

CIA World Fact Information

6) Poverty.

Websites presented for student access to assist in learning Excel.

- This is information that is read.

Computers
Internet Basics
Windows
Excel
PowerPoint
Word
Math
Reading
Job Search
Money Basics
Career Planning
Last 5-10 minutes of class. NO GAMES. Keyboard Typing Only

Keyboarding Resources:

Test Your Typing Speed --- > Typing Test

BBC Dance Mat Typing --- > Dance Mat Typing

Free Typing Game.Net --- > Typing Games

Power Typing --- > Typing Practice

Typing Web --- > Typing Web

The Typing Playground --- > Free Typing Games Online

Alfa Typing Games --- > Alfa Typing Games

Fun To Type --- > Fun To Type

Floorplanner.com

Floorplanning the easy way

Floorplanner is the easiest and best-looking way to create and share interactive floorplans online. Whether you're moving into a new house, planning a wedding or reorganizing your living room, Floorplanner has the right tools for you. With Floorplanner you can recreate your home, garden or office in just a few clicks and furnish your plans with our huge library of objects.

Architecture: 

ArchitectStudio3d
Make a PowerPoint of volunteer opportunities in the Charlotte region. Be original and creative and professional with your PowerPoint product.

Drive of Your Life is a fun Indiana specific online career exploration game. It helps middle school and high school students learn more about themselves, higher education and careers. This free educational tool lets kids answer a series of questions about themselves to learn what careers could interest them and then go on a virtual drive to learn more about each of those careers – all in their own customized car.

Click Here to Connect With DRIVE OF YOUR LIFE

Explore the human body like never before! With hundreds of interactive anatomy pictures and descriptions of thousands of objects in the body, InnerBody.com will help you discover what you want to know about human anatomy, right here at your fingertips.
restart heart)
Health
Health Insurance
How to do taxes!!
Lawyer
Realtor
Investigator
Economics!!
Going after people who
hurt children
Criminal Justice
Own a business (??Forms
of ownerships)
Build Cars
Buying a house –
negotiating a house sale or
purchase.
Checking Accounts

Saving Money
Credit Cards!
Debit Card
Writing checks, balances,
manage your accounts
Budgeting
How much to save
(retirement, college,
emergency fund???)
People Skills
Law
Photography
How to write a resume
Application and Interviews
Job Interviews!!!
How to get a job
Manage a house

EXAMPLES:

Photography.pptx
- Details
- Download
  - 496 KB

Geography.pptx
- Details
- Download
  - 821 KB

Assorted Topics.pptx
- Details
- Download
  - 36 KB

Interviews.pptx
• Details
• Download
• 610 KB